



Town of Surfside Parks and Recreation Department
Spring Session 2024 Registration Begins
Residents: January 22 Non-Residents: February 5 2024



SCAN FOR FLYERS

ADULT AND SENIOR PROGRAMS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 3/4 - 4/15/24 No Class: 3/25	9:00-10:00am	18-54yrs.	Residents \$72.00 Non-Residents \$102.00
Zumba Gold	<u>Mondays</u> 3/4 - 4/15/24 No Class: 3/25	9:00-10:00am	55 & Over	Residents \$30.00 Non-Residents \$42.00
Adult Art Class	See Flyer	See Flyer	See Flyer	See Flyer
Pilates	<u>Tuesdays</u> 3/12 - 4/16/24 No Class: 3/26	7:15-8:15pm	16 & Over	Residents \$60.00 Non-Residents \$85.00
Self Defense	<u>Tuesdays</u> 3/12 - 4/16/24 No Class: 3/26	7:15-8:15pm	16 & Over	Residents \$60.00 Non-Residents \$85.00
Senior Time	<u>Wednesdays</u> 3/6 - 4/17/24 No Class: 3/27	10:00-12:00pm	18 & Over	Free
Yoga	<u>Thursdays</u> 3/14 - 4/18/24 No Class: 3/28	8:45-9:45am	16 & Over	Residents \$60.00 Non-Residents \$85.00
Current Events	<u>Thursdays</u> 3/7 - 4/18/24 No Class: 3/28	10:15-12:15pm	18 & Over	Free
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 3/5 - 4/19/24 No Class: 3/26 & 3/29	9:00-10:00am	50 & Over	S.S Members: Free Non-Members: \$5.00



SCAN FOR ONLINE
REGISTRATION

For more information call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov



12/28/2023