



YOGA

Thursday

May 2 - May 30

Time: 8:45 - 9:45AM



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ENJOY INVIGORATING AND RELAXING YOGA CLASSES!
ENGAGE IN TECHNIQUES THAT BENEFIT YOUR MIND,
BODY AND SPIRIT. YOU WILL LEARN PROPER BREATHING
EXERCISES AND RELAXATION METHODS LONG
ASSOCIATED WITH THIS PROVEN ANCIENT TRADITION.
INSTRUCTOR: ROBERTO SCIMONELLI

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REGISTRATION

RESIDENT: MARCH 25
NON RESIDENT: APRIL 8

FEE

RESIDENT: \$60.00
NON RESIDENT: \$85.00
5 WEEKS = 5 CLASSES

DROP IN FEE

RESIDENT: \$15.00
NON RESIDENT: \$23.00

*Registration and classes held at the Surfside community center 9301 collins avenue

*Proof of residency is required at the time of registration.

*Changes/cancellations are subject to administrative fees.

For more information please call (305) 866 - 3635

Website: www.townofsurfsidefl.gov

