



Town of Surfside Parks and Recreation Department
Winter Session 2025 Registration Begins
Residents: November 24 Non-Residents: December 8, 2025



ADULT AND SENIOR PROGRAMS

SCAN FOR FLYERS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 01/5 - 2/9/26 No Class: 01/19	9:00-10:00am	18-54YRS.	Residents \$60.00 Non-Residents \$85.00
Zumba Gold	<u>Mondays</u> 01/5 - 2/9/26 No Class: 01/19	9:00-10:00am	55 & Over	Residents: Free Non-Residents: \$35.00
Adult Art Class	See Flyer	See Flyer	See Flyer	See Flyer
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 01/6 - 2/20/26	9:00-10:00am	50 & Over	Surfside Resident: Free S.S Members: Free Non Resident / Non-Members: \$10.00
Dance Fusion	<u>Tuesdays & Thursdays</u> 01/6 - 2/19/26	10:30-11:30am	18 & Over	Residents \$168.00 Non-Residents \$238.00
Pilates	<u>Tuesdays</u> 01/6 - 2/17/26	7:15-8:15pm	16 & Over	Residents \$84.00 Non-Residents \$119.00
Senior Time	<u>Wednesdays</u> 01/7 - 2/18/26	10:00-12:00pm	18 & Over	Free
Self Defense	<u>Thursdays</u> 01/8 - 2/19/26	7:15-8:15pm	16 & Over	Residents \$84.00 Non-Residents \$119.00
Hatha Yoga	<u>Sundays</u> 01/11 - 2/22/26	11:00 -12:00pm	16 & Over	Residents \$84.00 Non-Residents \$119.00



**SCAN FOR ONLINE
REGISTRATION**

For more information call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov



10/29/2025