



Summer Session 2026

Registration Begins

Residents: April 20 Non-Residents: May 4

ADULT AND SENIOR PROGRAMS



PROGRAM	DAYS/DATES		HOURS	AGES	FEES★
Zumba	<u>Mon</u> 6/1 - 7/20/26	<u>No Class</u> 6/29, 7/06, & 7/13	9-10 AM	18-54yrs.	R - \$60 NR - \$85
Zumba Gold	<u>Mon</u> 6/1 - 7/20/26	<u>No Class</u> 6/29, 7/06, & 7/13	9-10 AM	55 & Over	R - Free NR - \$35
Silver Sneakers: Cardio & Strength	<u>Tue & Fri</u> 6/2 - 7/24/26	<u>No Class</u> 6/19, 6/23, 6/26, 6/30, 7/03, 7/07 & 7/10	9-10 AM	55 & Over	R: Free S.S Members: Free NR / Non-Members: \$10
Dance Fusion	<u>Tue & Thu</u> 6/2 - 7/23/26	<u>No Class</u> 6/30 & 7/02	10:30-11:30 AM	18 & Over	R - \$168 NR - \$238
Pilates	<u>Tue</u> 6/2 - 7/21/26	<u>No Class</u> 6/30	7:15-8:15 PM	16 & Over	R - \$84 NR - \$119
Senior Time	<u>Wed</u> 6/3 - 7/22/26	<u>No Class</u> 7/01	10-12 PM	55 & Over	Free
Calisthenics	<u>Thu</u> 6/4 - 7/23/26	<u>No Class</u> 7/02	9:15-10:15AM	18 & Over	R - \$84 NR - \$119
Self Defense	<u>Thu</u> 6/4 - 7/23/26	<u>No Class</u> 7/02	7:15-8:15 PM	16 & Over	R - \$84 NR - \$119
Hatha Yoga	<u>Sun</u> 6/7 - 7/26/26	<u>No Class</u> 7/05	11 -12PM	16 & Over	R - \$84 NR - \$119



SCAN FOR FLYERS



R = Residents
NR = Non-Residents

For more information, call the
Community Center (305) 866-3635
Website: www.townofsufsidefl.gov



SCAN FOR ONLINE
REGISTRATION