



Spring Mini Session 2026

Registration Begins

Residents: March 16 Non-Residents: March 30

ADULT AND SENIOR PROGRAMS



PROGRAM	DAYS/DATES	HOURS	AGES	FEES★
Zumba	<u>Mon.</u> 4/27 - 5/18/26	9-10 AM	18-54yrs.	R - \$48 NR - \$68
Zumba Gold	<u>Mon.</u> 4/27 - 5/18/26	9-10 AM	55 & Over	R - Free NR - \$28
Adult Art Class	<u>Mon.</u> 4/27 - 5/18/26	10:30-12:30 PM	18 & Over	Free
Silver Sneakers: Cardio & Strength	<u>Tue. & Fri.</u> 4/28 - 5/29/26	<u>No Class</u> 5/22 9-10 AM	55 & Over	R: Free S.S Members: Free NR / Non-Members: \$10
Dance Fusion	<u>Tue. & Thu.</u> 4/28 - 5/28/26	<u>No Class On:</u> 5/21 10:30-11:30 AM	18 & Over	R - \$108 NR - \$153
Pilates	<u>Tue.</u> 4/28 - 5/26/26	7:15-8:15 PM	16 & Over	R - \$60 NR - \$85
Senior Time	<u>Wed.</u> 4/29 - 5/27/26	10-12 PM	55 & Over	Free
Current Events	<u>Wed.</u> 4/29 - 5/27/26	12:15PM-2:15PM	18 & Over	Free
Calisthenics	<u>Thu.</u> 4/30 - 5/28/26	<u>No Class</u> 5/21 9:15-10:15AM	18 & Over	R - \$48 NR - \$68
Self Defense	<u>Thu.</u> 4/30 - 5/28/26	<u>No Class</u> 5/21 7:15-8:15 PM	16 & Over	R - \$48 NR - \$68
Hatha Yoga	<u>Sun.</u> 5/3 - 5/31/26	11 -12PM	16 & Over	R - \$60 NR - \$85



SCAN FOR FLYERS



R = Residents
NR = Non-Residents

For more information, call the
Community Center (305) 866-3635
Website: www.townofsufsidefl.gov



SCAN FOR ONLINE
REGISTRATION