



# Spring Mini Session 2026

Registration Begins

Residents: March 16 Non-Residents: March 30

## ADULT AND SENIOR PROGRAMS



PROGRAM	DAYS/DATES	HOURS	AGES	FEES★
Zumba	<u>Mon.</u> 4/27 - 5/18/26	9-10 AM	18-54yrs.	R - \$48 NR - \$68
Zumba Gold	<u>Mon.</u> 4/27 - 5/18/26	9-10 AM	55 & Over	R - Free NR - \$28
Adult Art Class	<u>Mon.</u> 4/27 - 6/1/26	No Class 5/25	10:30-12:30 PM	55 & Over Free
Silver Sneakers: Cardio & Strength	<u>Tue. &amp; Fri.</u> 4/28 - 5/29/26	No Class 5/22	9-10 AM	55 & Over R: Free S.S Members: Free NR / Non-Members: \$10
Dance Fusion	<u>Tue. &amp; Thu.</u> 4/28 - 5/28/26	No Class On: 5/21	10:30-11:30 AM	18 & Over R - \$108 NR - \$153
Pilates	<u>Tue.</u> 4/28 - 5/26/26	7:15-8:15 PM	16 & Over	R - \$60 NR - \$85
Senior Time	<u>Wed.</u> 4/29 - 5/27/26	10-12 PM	55 & Over	Free
Current Events	<u>Wed.</u> 4/29 - 5/27/26	12:15PM-2:15PM	18 & Over	Free
Calisthenics	<u>Thu.</u> 4/30 - 5/28/26	No Class 5/21	9:15-10:15AM	18 & Over R - \$48 NR - \$68
Self Defense	<u>Thu.</u> 4/30 - 5/28/26	No Class 5/21	7:15-8:15 PM	16 & Over R - \$48 NR - \$68
Hatha Yoga	<u>Sun.</u> 5/3 - 5/31/26	11 -12PM	16 & Over	R - \$60 NR - \$85



SCAN FOR FLYERS



R = Residents  
NR = Non-Residents

For more information, call the  
Community Center (305) 866-3635  
Website: [www.townofsufsidefl.gov](http://www.townofsufsidefl.gov)



SCAN FOR ONLINE  
REGISTRATION