



*Town of Surfside Parks and Recreation Department
Spring Mini Session 2025 Registration Begins
Residents: March 17 Non-Residents: March 31 2025*



SCAN FOR FLYERS

ADULT AND SENIOR PROGRAMS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 04/28 - 05/26/25 No Class: 5/26	9:00-10:00am	18-54yrs.	Residents \$48.00 Non-Residents \$68.00
Zumba Gold	<u>Mondays</u> 04/28 - 05/26/25 No Class: 5/26	9:00-10:00am	55 & Over	Residents \$20.00 Non-Residents \$28.00
Adult Art Class	See Flyer	See Flyer	See Flyer	See Flyer
Pilates	<u>Tuesdays</u> 04/29 - 05/27/25	7:15-8:15pm	16 & Over	Residents \$60.00 Non-Residents \$85.00
Senior Time	<u>Wednesdays</u> 04/30 - 05/28/25	10:00-12:00pm	18 & Over	Free
Current Events	<u>Thursdays</u> 05/1 - 05/29/25	10:15-12:15am	18 & Over	Free
Self Defense	<u>Thursdays</u> 05/1- 05/29/25	7:15-8:15pm	16 & Over	Residents \$60.00 Non-Residents \$85.00
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 04/29 - 05/30/25	9:00-10:00am	50 & Over	S.S. Members: Free Non-Members: \$10.00
Hatha Yoga	<u>Sundays</u> 05/4 - 06/1/25	11:00 -12:00pm	16 & Over	Residents \$60.00 Non-Residents \$85.00



SCAN FOR ONLINE
REGISTRATION

*For more information call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov*



2/20/2025