



Town of Surfside Parks and Recreation Department
Fall Session II 2025 Registration Begins
Residents: September 22 Non-Residents: October 6, 2025



ADULT AND SENIOR PROGRAMS

SCAN FOR FLYERS

PROGRAM	DAYS/DATES	HOURS	AGES	FEE PER SESSION
Zumba	<u>Mondays</u> 11/3 - 12/15/25 No Class: 11/24	9:00-10:00am	18-54YRS.	Residents \$72.00 Non-Residents \$102.00
Zumba Gold	<u>Mondays</u> 11/3 - 12/15/25 No Class: 11/24	9:00-10:00am	55 & Over	Residents: Free Non-Residents: \$42.00
Adult Art Class	See Flyer	See Flyer	See Flyer	See Flyer
Silver Sneakers: Cardio & Strength	<u>Tuesdays & Fridays</u> 11/4 - 12/19/25 No Class: 11/11, 11/25 & 11/28	9:00-10:00am	50 & Over	Surfside Resident: Free S.S Members: Free Non Resident / Non-Members: \$10.00
Dance Fusion	<u>Tuesdays</u> 11/4 - 12/16/25 No class: 11/11 & 11/25	10:30-11:30am	18 & Over	Residents \$60.00 Non-Residents \$85.00
Pilates	<u>Tuesdays</u> 11/4 - 12/16/25 No class: 11/11 & 11/25	7:15-8:15pm	16 & Over	Residents \$60.00 Non-Residents \$85.00
Senior Time	<u>Wednesdays</u> 11/5 - 12/17/25 No class: 11/26	10:00-12:00pm	18 & Over	Free
Self Defense	<u>Thursdays</u> 11/6 - 12/18/25 No Class: 11/27	7:15-8:15pm	16 & Over	Residents \$72.00 Non-Residents \$102.00
Hatha Yoga	<u>Sundays</u> 11/9 - 12/21/25 No Class: 11/30	11:00 -12:00pm	16 & Over	Residents \$72.00 Non-Residents \$102.00



SCAN FOR ONLINE
REGISTRATION

For more information call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov



8/04/2025