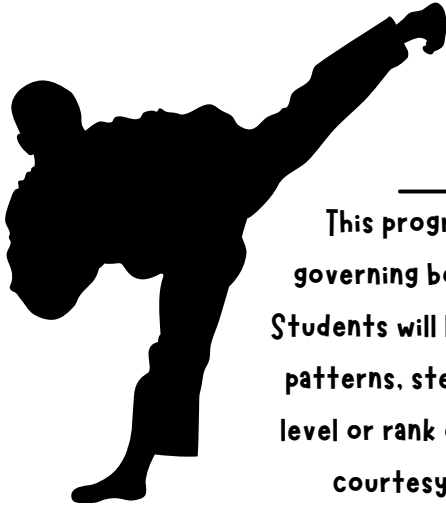




TAEKWONDO

This program follows the curriculum established by the ATFI, one of the National governing bodies for the International Taekwon-Do Federation in the United States. Students will learn and practice correct terminology, stances, blocking, striking, kicking, patterns, step sparring, free sparring, self-defense, and breaking techniques for each level or rank obtained. Students will not only develop discipline, respect, self-control, courtesy, integrity, and indomitable spirit, but also develop physical and mental coordination, excellent conditioning, and toughness to deal with a variety of situations, all while training in a safe environment.

Registration Begins

Residents – August 24

Non-Residents – September 8

Fee:

Residents – \$228

Non-Residents – \$323.00

10 weeks = 19 classes

***Drop ins not available**

First time participants: \$50 mandatory uniform purchase through instructor for participation in class.

*Changes/Cancellations are subject to administrative

*Proof of residency is required at the time of registration fees

Monday & Wednesdays

October 5 – December 16

No Class: 11/11, 11/23 & 11/25

Time: 6:30 pm – 7:25pm

Ages: 7 – 18

Class Space Is Limited

Class held at the 96th ST Park

(9572 Bay Dr.)

PROGRAM
REGISTRATION



INTEGRITY

SELF DEFENSE

DISCIPLINE

RESPECT



For more information please call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov

