Town of Surfside Parks & Recreation Department

Players will develop mental and physical strength through advanced drills and exercises. They will learn how to move around the tennis courts more efficiently, maximizing their potential during a match. They will also learn how to develop consistency with intensity, working on various exercises, such as drills with multiple repetitions and rallying in different directions, games and targets.

TUESDAY & THURSDA APRIL 30 - MAY 30 5:00 - 6:00PM 5:30 - 6:30PM AGES 12 - 14

<u>Fees:</u> Resident: \$120.00 Non-Resident: \$170.00 5 Weeks = 10 Classes *Space is limited GIRLS ONLY UESDAY & THURSDAY APRIL 30 - MAY 30 6:00 - 7:00PM AGES 12 - 14

<u>Fees:</u> Resident: \$.120.00 Non-Resident: \$170.00 5 Weeks = 10 Classes *Space is limited

Proof of residency is required at the time of registration. Registration takes place at the Surfside Community Center Changes/Cancellations are subject to administrative fees. For Cancellations/Weather conditions please call The Town Rainout Line: (786) 765 - 2013. MONDAY. WEDNESDAY & FRIDAY APRIL 29 - MAY 31 NO CLASS: 05/27 5:30 - 6:30PM AGES 12 - 14

nallenders

<u>Fees:</u> Resident: \$168.00 Non-Resident: \$238.00 5 Weeks = 14 Classes *Space is limited

Registration Begins: <u>Residents - March 25</u> <u>Non-Residents - April 8</u>





For more information call the Surfside Community Center (305) 866 - 3635 Website: www.townofsurfsidef.gov