# RESOLUTION NO. <u>13-2204</u>

OF THE TOWN RESOLUTION COMMISSION FOR THE **TOWN** OF SURFSIDE, FLORIDA, RETROACTIVELY APPROVING THE GROUP HEALTH AND DENTAL **PLAN** WITH UNITED HEALTHCARE AND THE TERM LIFE INSURANCE, ACCIDENTAL DEATH, SHORT TERM DISABILILTY, AND LONG TERM DISABILITY WITH MUTUAL OF OMAHA; PROVIDING FOR AUTHORIZATION; AND PROVIDING FOR AN EFFECTIVE DATE.

WHEREAS, the Town Commission of the Town of Surfside, Florida ("TOWN") on October 8, 2013 by Resolution 13-2197 retained Adams Benefit Inc. to become agent of record and secure and analyze the best proposals from competitive health care and other benefit providers for the Town of Surfside employees for this upcoming year; and

WHEREAS, this task has been completed and the Town of Surfside wishes to enter into an alternative agreement with United Healthcare and Mutual of Omaha to arrange for the delivery of health and other benefits for FY 13/14, for qualified Town of Surfside Subscribers ("Subscribing Group"); and

WHEREAS, the Town Commission believes that it is in the best interest of the Town to retroactively accept the United Healthcare Insurance Company Policy (a copy of the Policy is on file with the Town Clerk).

NOW THEREFORE, BE IT RESOLVED BY THE TOWN COMMISSION OF THE TOWN OF SURFSIDE, FLORIDA, AS FOLLOWS:

Section 1. Recitals. The above and foregoing recitals are true and correct and are incorporated herein by reference.

**Section 2.** Approval and Authorization. The Town Commission hereby approves and authorizes the Town Manager and the Town Attorney to retroactively enter into an agreement with United Healthcare and Mutual of Omaha for group health and other benefits, based on the terms of the Policy which is on file with the Town Clerk and authorizes the Town Manager and Town Attorney to do all things necessary to effectuate this Contract.

Section 3. Effective Date. This Resolution shall become effective November 1, 2013.

PASSED and ADOPTED on this 12th day of November, 2013

Motion by Commissioner Kawan, second by Commissioner Crawbact FINAL VOTE ON ADOPTION

Commissioner Joseph Graubart Commissioner Michelle Kligman Commissioner Marta Olchyk Vice Mayor Michael Karukin Mayor Daniel Dietch

Daniel Dietch, Mayor

ATTES

Sandra Nov own Clerk

APPROVED AS TO FORM AND

LEGAL SUFFICIENCY FOR THE TOWN OF SURFSIDE ONLY:

Linda Miller

Town Attorney

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# **Commission Communication**

Agenda #:

Date: November 12, 2013

Subject: Employee Health Benefits Retroactive Contract Renewal for FY13-14.

**Objective:** To provide all eligible employees with Health Insurance coverage(s) and other benefits for FY13-14.

**Background:** The contract with Unitedhealth / Neighborhood health (UHC/NHP) expired on September 30, 2013. The Town has had coverage with UHC/NHP since October 1, 2010 and said coverage will continue to September 30, 2014.

Health insurance premium rates continue to rise each year as the cost of medical treatment increases. The Town's former Insurance broker negotiated a rate increase of 17.5% from our current carrier.

Adams Benefit (approved as Insurance broker at the October 8, 2013 Town Commission meeting) broker for Employee Health, Disability, Life, Dental and all other related benefits programs was directed by Town Administration to evaluate and provide proposals for our employee health benefits and find an acceptable alternative plan with Unitedhealth Care with the goal of keeping the increase to the lowest level possible while minimizing the impact on our employees.

All proposals were analyzed and it was determined that the Unitedhealth Care Plan FBQ-P with an HRA was the most favorable offer.

# SUPPLEMENTAL BENEFIT PLANS:

Staff is recommending that we remain with Mutual of Omaha for Life insurance, Short-Term and Long-Term Disability. The rates for Life Insurance and Short Term and Long Term disability did not change from the FY 13/14 rates.

The Town will continue its coverage with Mutual of Omaha for the seventh year. The dental coverage is being transferred to Unitedhealth Care. This represents a medical premium reduction of 2%.

# **Analysis:**

# **SUMMARY BENEFIT RECAP:**

- 1. The employee share per pay period for employee only coverage will be \$0. This represents a take home annual savings of \$881.92 from the initial proposed renewal increase of 17.5% as described in attachment A.
  - The employee share per pay period for employee and family coverage will be \$170.50. This represents a take home annual savings of \$1,569.62 from the initial proposed renewal increase of 17.5% as described in attachment A.
- 2. The recommended plan FBQ-P is to with a Health Reimbursement Account (HRA). A card will be issued to employees. The Town will fund \$1,500 for employee only and \$3,000 for family or dependent coverage to fulfill the calendar year deductible of the plan. This would equate to a total cost of \$196,000. Any funds not utilized will remain in the Town's account for future use.
  - The HRA card could be utilized for co-pays, deductibles, lab fees, prescriptions and over the counter medications.
- 3. A dental HMO and PPO plan will be offered thru Unitedhealth Care. Employees who elect to switch to the HMO plan share per pay period will be \$0. This represents a take home annual savings of \$289.90 as described in attachment A.
- 4. The employee share per pay period for employee and family dental HMO coverage will be \$8.38. This represents a take home annual savings of \$1.430.52 as described in attachment A.
  - This lower cost HMO coverage option was made available to employees.
- 5. The Town will continue to provide Life and Disability coverage to all full time employees. The rates for Life and Disability coverage did not increase.
- 6. The Town will continue to provide an Employee Assistance Program (EAP) fully integrated with Mutual of Omaha to help employees experiencing personal problems in a confidential matter.
- 7. The Flexible Spending Accounts benefit services and the Health Reimbursement Accounts will be managed by Mangrove.

The Flexible Spending Accounts provides tax benefits to employees electing this service.

Budget Impact: The contract total cost (Town plus employee contribution) is estimated at \$864,718 for FY 13/14. The Town's contribution portion is estimated at approximately \$772,939 which includes \$196,000 for a Health Reimbursement Account (HRA) to cover employee deductions and copayments. There are anticipated savings that should occur in the Health Reimbursement Account at the end of the fiscal year from employees not utilizing all their respective funds in the account. FY 13/14 budget allocated \$764,000.

**Staff Impact:** Each year at renewal time in September, an "open enrollment" session is held for employees desiring coverage. Once employees make their decisions, the administration is handled by the carriers along with oversight and assistance from the insurance broker.

**Recommendation**: It is recommended that the Town Commission adopt the attached resolution retroactively renewing Unitedhealth Care as our health insurance contract carrier. The Benefit Summary is included in the package attachment B.

Human Resources Director

Town Manager

Finance Director

		Health P	lan		
	FY 12/13 HMO Employee Share per Pay Period	FY 12/13 HMO/DVD Employee Share per Pay Period	FY 12/13 POS - 7EF Employee Share per Pay Period	Proposed renewal (17.5 % increase) POS 7EF Employee Share per pay period	FY 13/14 NEW FBQ-P H.R.A Employee Share per Pay Period
Employee	\$0.00	\$0.00	\$17.52	\$33.92	\$0.00
Employee & Spouse	\$84.64	\$94.36	\$109.35	\$133.82	\$94.36
Employee & Children	\$76.82	\$86.08	\$100.38	\$123.27	\$86.08
Employee & Family	\$156.61	\$170.50	\$191.95	\$230.87	\$170.50
		Dental P	lan		
	FY 12/13 PPO Mutual of Omaha Employee Share per Pay Period	The same and the s		FY 13/14 NEW Unitedhealth HMO (DHMO 0035) Employee Share per Pay Period	FY 13/14 NEW Unitedhealth PPO (P3463) Employee Share per Pay Period
Employee	\$10.07	\$11.15		\$0.00	\$10.14
Employee & Spouse	\$37.93	\$40.41		\$1.11	\$31.81
Employee & Children	\$31.06	\$33.18		\$4.02	\$35.40
Employee & Family	\$59.83	\$63.40		\$8.38	\$60.45
		Vision Pl	an		
	FY 12/13	FY 13/14			
Employee	\$3.34	\$3.34			
Employee & Spouse	\$6.16	\$6.16			
Employee & Children	\$6.45	\$6.45			
Employee & Family	\$9.66	\$9.66			

	Ana	alysis of Costs (Far	mily Coverage)		
FY 12/13 POS - 7EF Employee Share	Proposed renewal (17.5 % increase) POS 7EF Employee Share	FY 13/14 NEW FBQ- P H.R.A Employee Share	FY 12/13 PPO Mutual of Omaha Employee Share	Proposed renewal PPO Mutual of Omaha Employee Share	FY 13/14 NEW Unitedhealth HMO (DHMO 0035) Employee Share
191.95 x 26 checks = \$4,990.70 annual	\$230.87 x 26 checks = \$6,002.62 annual	\$170.50 x 26 checks = \$4,433.00 annual	\$59.83 x 26 checks = \$1,555.58 annual	\$63.40 x 26 checks = \$1,648.40 annual	\$8.38 x 26 checks = \$217.88
Summary:  Annual savings from proposed 17.5% increase to new FBQ-P HRA plan					
(Family Coverage)  Annual savings for electing Dental HMO	\$1,569.62				
HRA card for deductible, prescritions, doctors'	\$1,430.52				
visits Annual Potential	\$3,000.00				
Savings	\$6,000.14				
Note: Calculated at annual b	asis				

	Anal	ysis of Costs (Emp	loyee Coverage)		
FY 12/13 POS - 7EF Employee Share	Proposed renewal (17.5 % increase) POS 7EF Employee Share	FY 13/14 NEW FBQ- P H.R.A Employee Share	FY 12/13 PPO Mutual of Omaha Employee Share	Proposed renewal PPO Mutual of Omaha Employee Share	FY 13/14 NEW Unitedhealth HMO (DHMO 0035) Employee Share
\$17.52 x 26 checks = \$455.52 annual	\$33.92 x 26 checks = \$881.92 annual	\$0 x 26 checks = \$0 annual	\$10.07 x 26 checks = \$261.82 annual	\$11.15 x 26 checks = \$289.90 annual	\$0 x 26 checks = \$0 annual
Summary:  Annual savings from					
proposed 17.5% increase to new FBQ-P HRA plan (Employee Coverage)	\$881.92				
Annual savings for electing Dental HMO coverage	\$289.90				
HRA card for deductible, prescritions, doctors' visits	\$1,500.00				
Annual Potential Savings	\$2,671.82				
Note: Calculated at annual b	asis				



# Benefit Summary for Plan Year 11/1/2013 - 9/30/2014

	<u>United Healthcare</u>			
<u>Benefits</u>	FBQ-P - H.R.A.			
	In-Network	Out-Network		
Calendar Year	\$1,500 Ind.	\$3,000 Ind.		
Deductible (CYD)	\$3,000 Family	\$6,000 Family		
Co-Insurance	20%	40%		
Physicians Office	CYD / 20%	CYD / 40%		
Specialist Office	CYD / 20%	CYD / 40%		
Preventive Care	100% Paid	CYD / 40%		
Inpatient Hospital	CYD / 20%	CYD / 40%		
Out-Patient Surgery	CYD / 20%	CYD / 40%		
Out-Patient Major Diagnostic (e.g., MRI, MRA, PET, CT)	CYD / 20%	CYD / 40%		
Emergency Room	CYD / 20%	CYD / 40%		
Urgent Care Center	CYD / 20%	CYD / 40%		
Prescription Drugs	CYD; \$10/\$30/\$50/20%			
Out of Pocket	\$3,000 Ind.	\$6,000 Ind.		
_	\$6,000 Family	\$12,000 Family		
	Includes			
Provider Search	www.unitedhea			
Prescription Search	www.adamsh	<u>penefit.com</u>		
Labwork Search	www.labce	<u>orp.com</u>		



# YOUR BENEFITS Benefit Summary

Florida - Choice Plus HSA - 1500/80% Plan FBQ

We know that when people know more about their health and health care, they can make better informed health care decisions. We want to help you understand more about your health care and the resources that are available to you.

- myuhc.com® Take advantage of easy, time-saving online tools. You can check your eligibility, benefits, claims, claim payments, search for a doctor and hospital and much, much more.
- 24-hour nurse support A nurse is a phone call away and you have other health resources available 24-hours a day, 7 days a week to provide you with information that can help you make informed decisions. Just call the number on the back of your ID card.
- Customer Care telephone support Need more help? Call a customer care professional using the toll-free number on the back of your ID card. Get answers to your benefit questions or receive help looking for a doctor or hospital.

#### **PLAN HIGHLIGHTS**

Network Benefits	Non-Network Benefits
dical and Pharmacy	
\$1,500 per year	\$3,000 per year
\$3,000 per year	\$6,000 per year
	lical and Pharmacy \$1,500 per year

> No one in the family is eligible for benefits until the family coverage deductible is met.

# **Out-of-Pocket Maximum - Combined Medical and Pharmacy**

Single Coverage Out-of-Pocket Maximum

\$3,000 per year

\$6,000 per year

Family Coverage Out-of-Pocket Maximum

\$6,000 per year

\$12,000 per year

- > The Out-of-Pocket Maximum includes the Annual Deductible.
- > If more than one person in a family is covered under the Policy, the single coverage Out-of-Pocket Maximum stated above does not apply.

# Benefit Plan Coinsurance - The Amount We Pay

80% after Deductible has been met.

60% after Deductible has been met.

This Benefit Summary is intended only to highlight your Benefits and should not be relied upon to fully determine your coverage. If this Benefit Summary conflicts in any way with the Certificate of Coverage (COC), the COC shall prevail. It is recommended that you review your COC for an exact description of the services and supplies that are covered, those which are excluded or limited, and other terms and conditions of coverage.

#### FLWGFFBQ11

Item# 213-5148 Benefit Accumulator Calendar Year

Rev. Date 1111 rev04

HSA/Comb/NonEmb/8457/INS

UnitedHealthcare Insurance Company

#### **Prescription Drug Benefits**

Prescription drug benefits are shown under separate cover.

#### Information on Benefit Limits

- > The Annual Deductible, Out-of-Pocket Maximum and Benefit limits are calculated on a calendar year basis.
- > All Benefits are reimbursed based on Eligible Expenses. For a definition of Eligible Expenses, please refer to your Certificate of Coverage.
- > When Benefit limits apply, the limit refers to any combination of Network and Non-Network Benefits unless specifically stated in the Benefit category.

#### MOST COMMONLY USED BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits	
Physician's Office Services - Sickness	and Injury		
Primary Physician Office Visit	80% after Deductible has been met.	60% after Deductible has been met.	
Specialist Physician Office Visit	80% after Deductible has been met.	60% after Deductible has been met.	
		Prior Authorization is required for Genetic Testing - BRCA.	

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Covered Health Services include but are not limited to:

Primary Physician Office Visit

100%, Copayments and Deductibles do

not apply.

Non-Network Benefits are not available, except for "Child Health Supervision Services," one annual female physical, including a pap smear and a mammogram.

Specialist Physician Office Visit

100%, Copayments and Deductibles do

not apply.

Lab, X-Ray or other preventive tests

100%, Copayments and Deductibles do

not apply.

The health care reform law provides for coverage of certain preventive services, based on your age, gender and other health factors, with no cost-sharing. The preventive care services covered under this section are those preventive services specified in the health care reform law. UnitedHealthcare also covers other routine services as described in other areas of this summary, which may require a copayment, coinsurance or deductible. Always refer to your plan documents for your specific coverage.

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80% after Deductible has been met.

60% after Deductible has been met.

#### **Emergency Health Services - Outpatient**

80% after Deductible has been met.

80% after Network Deductible has

been met.

Notification is required if confined in a non-Network Hospital.

YOUR BENEFITS

# MOST COMMONLY USED BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits
Hospital - Inpatient Stay		
	80% after Deductible has been met.	60% after Deductible has been met.
		Prior Authorization is required

# ADDITIONAL CORE BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits
Ambulance Service - Emergency and No	n-Emergency	
Ground Ambulance	80% after Deductible has been met.	80% after Network Deductible has
Transportation costs of a newborn to the nearest appropriate facility for treatment are covered.		been met.
Air Ambulance Transportation costs of a newborn to the nearest appropriate facility for treatment are covered.	80% after Deductible has been met.	80% after Network Deductible has been met.
	Prior Authorization is required for non- Emergency Ambulance.	Prior Authorization is required for non- Emergency Ambulance.
Congenital Heart Disease (CHD) Surgerie	es es	
	80% after Deductible has been met.	60% after Deductible has been met.
		Prior Authorization is required.
Dental Services - Accident Only		
Benefits are limited as follows: \$3,000 maximum per year \$900 maximum per tooth	80% after Deductible has been met.	80% after Network Deductible has been met.
	Prior Authorization is required.	Prior Authorization is required.
Diabetes Services		
Diabetes Self Management and Training Diabetic Eye Examinations/Foot Care	Depending upon where the Covered Healt same as those stated under each Covered Summary.	
Diabetes Self Management Items	Depending upon where the Covered Healt same as those stated under Durable Medi Prescription Drug Rider. However diabetes to any limits.	ical Equipment and in the Outpatient
		Prior Authorization is required for Durable Medical Equipment in excess of \$1,000.
Durable Medical Equipment		
Benefits are limited as follows: \$2,500 per year and are limited to a single purchase of a type of Durable Medical Equipment (including repair and replacement) every three years. This limit does not apply to wound vacuums.	80% after Deductible has been met.	60% after Deductible has been met.
		Prior Authorization is required for Durable Medical Equipment in excess of \$1,000.

This benefit category contains services/devices that may be Essential or non-Essential Health Benefits as defined by the Patient Protection and Affordable Care Act depending upon the service or device delivered. A benefit review will take place once the dollar limit is exceeded. If the service/device is determined to be rehabilitative or habilitative in nature, it is an Essential Health Benefit and will be paid. If the benefit/device is determined to be non-essential, the maximum will have been met and the claim will not be paid.

# ADDITIONAL CORE BENEFITS

Network Benefits  80% after Deductible has been met.  80% after Deductible has been met.	Non-Network Benefits  60% after Deductible has been met.
	60% after Deductible has been met.
	60% after Deductible has been met.
80% after Deductible has been met.	
80% after Deductible has been met.	
	60% after Deductible has been met. Prior Authorization is required.
80% after Deductible has been met.	60% after Deductible has been met. Prior Authorization is required for Inpatient Stay.
80% after Deductible has been met.	60% after Deductible has been met.
80% after Deductible has been met.	60% after Deductible has been met.
ET, MRI, MRA and Nuclear Medicine - Ou	tpatient
80% after Deductible has been met.	60% after Deductible has been met.
80% after Deductible has been met.	60% after Deductible has been met.
Birtha Birtha Charles Carlos Carlos Carlos	Service and the service of the service of
80% after Deductible has been met.	60% after Deductible has been met.
Services	
80% after Deductible has been met.	60% after Deductible has been met.
	PROPERTY OF THE PROPERTY OF
Depending upon where the Covered Health same as those stated under each Covered Summary.	n Service is provided, Benefits will be the I Health Service category in this Benefi
	Prior Authorization is required if Inpatient Stay exceeds 48 hours following a normal vaginal delivery or 96 hours following a cesarean section delivery.
	80% after Deductible has been met. 80% after Deductible has been met.  ET, MRI, MRA and Nuclear Medicine - Ou 80% after Deductible has been met.  80% after Deductible has been met.  80% after Deductible has been met.  Depending upon where the Covered Health same as those stated under each Covered.

#### ADDITIONAL CORE BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits
Prosthetic Devices		CONTROL OF THE STATE OF
Benefits are limited as follows: \$2,500 per year and are limited to a single purchase of each type of prosthetic device every three years.	80% after Deductible has been met.	60% after Deductible has been met.

This benefit category contains services/devices that may be Essential or non-Essential Health Benefits as defined by the Patient Protection and Affordable Care Act depending upon the service or device delivered. A benefit review will take place once the dollar limit is exceeded. If the service/device is determined to be rehabilitative or habilitative in nature, it is an Essential Health Benefit and will be paid. If the benefit/device is determined to be non-essential, the maximum will have been met and the claim will not be paid.

# **Reconstructive Procedures**

Depending upon where the Covered Health Service is provided, Benefits will be the same as those stated under each Covered Health Service category in this Benefit Summary.

Prior Authorization is required.

60% after Deductible has been met.

ij	Rehabilitation Services - Outpatient Therapy and	Manipulative Treatment	

Benefits are limited as follows: 80% after Deductible has been met.

20 visits of Manipulative Treatments

20 visits of physical therapy

20 visits of occupational therapy

20 visits of speech therapy

20 visits of pulmonary rehabilitation

36 visits of cardiac rehabilitation

30 visits of post-cochlear implant

aural therapy

20 visits of cognitive rehabilitation therapy

Prior Authorization is required for Manipulative Treatment.

#### Scopic Procedures - Outpatient Diagnostic and Therapeutic

Diagnostic scopic procedures include, but are not limited to:

80% after Deductible has been met.

60% after Deductible has been met.

Colonoscopy

Sigmoidoscopy

Endoscopy

For Preventive Scopic Procedures, refer to the Preventive Care Services category.

# Skilled Nursing Facility / Inpatient Rehabilitation Facility Services

Benefits are limited as follows:

80% after Deductible has been met.

60% after Deductible has been met.

60 days per year

Prior Authorization is required.

**Surgery - Outpatient** 

80% after Deductible has been met.

60% after Deductible has been met.

Prior Authorization is required for certain services.

YOUR BENEFITS

#### ADDITIONAL CORE BENEFITS

ADDITIONAL CORE BENEFITS	YOUR BENEFI		
Types of Coverage	Network Benefits	Non-Network Benefits	
Therapeutic Treatments - Outpatient			
Therapeutic treatments include, but are not limited to:	80% after Deductible has been met.	60% after Deductible has been met.	
Dialysis			
Intravenous chemotherapy or other intravenous infusion therapy			
Radiation oncology			
		Prior Authorization is required for certain services.	
Transplantation Services			
9	Depending upon where the Covered Health same as those stated under each Covered Summary.		
	For Network Benefits, services must be received at a Designated Facility.		
	Prior Authorization is required.	Prior Authorization is required.	
Vision Examinations			
Benefits are limited as follows: 1 exam every 2 years	80% after Deductible has been met.	60% after Deductible has been met.	

# STATE MANDATED BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits
Autism Spectrum Disorder		
Note: The visit limits specified under Rehabilitation Services - Outpatient Therapy and Manipulative Treatment in this Benefit Summary do not apply to Autism Spectrum Disorder.	Depending upon where the Covered Health same as those stated under each Covered Summary.	n Service is provided, Benefits will be the I Health Service category in this Benefi
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefit.
Bones or Joints of the Jaw and Facial Re	gion	
	Depending upon where the Covered Health same as those stated under each Covered Summary.	Service is provided, Benefits will be the Health Service category in this Benefi
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefit.
Cleft Lip/Cleft Palate Treatment		
	Depending upon where the Covered Health same as those stated under each Covered Summary.	Service is provided, Benefits will be the Health Service category in this Benefit
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefits
Clinical Trials		
Participation in a qualifying clinical trial for the treatment of: Cancer Cardiovascular (cardiac/stroke) Surgical musculoskeletal disorders of the spine, hip and knees	Depending upon where the Covered Health same as those stated under each Covered Summary.	Service is provided, Benefits will be the Health Service category in this Benefit
	Prior Authorization is required.	Prior Authorization is required.
Dental Services - Anesthesia and Hospita	alization	
	Depending upon where the Covered Health same as those stated under each Covered Summary.	Service is provided, Benefits will be the Health Service category in this Benefit
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefits
Enteral Formulas		
Senefits are limited as follows: \$2,500 for food products modified to be low protein.	80% after Deductible has been met.	60% after Deductible has been met.
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefits

YOUR BENEFITS

# STATE MANDATED BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits		
Mental Health Services				
For groups with 50 or less total employees: Benefits are limited as follows:	For groups with 50 or less total employees: Inpatient: 80% after Deductible has been met.	For groups with 50 or less total employees: Inpatient: 60% after Deductible has been met.		
30 days per year for Inpatient 20 visits per year for Outpatient These limits do not include Covered Health Services under the Autism Spectrum Disorder Benefit.	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.		
For groups with 51 or more total employees: Benefit limits do not apply	For groups with 51 or more total employees: Inpatient: 80% after Deductible has been met.	For groups with 51 or more total employees: Inpatient: 60% after Deductible has been met.		
	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.		
		Prior Authorization is required for certain services.		
Neurobiological Disorders – Autism Spec	trum Disorder Services			
For groups with 50 or less total employees: Benefits are limited as follows:	For groups with 50 or less total employees: Inpatient: 80% after Deductible has been met.	For groups with 50 or less total employees: Inpatient: 60% after Deductible has been met.		
30 days per year for Inpatient 20 visits per year for Outpatient These limits do not include Covered Health Services under the Autism Spectrum Disorder Benefit.	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.		
For groups with 51 or more total employees: Benefit limits do not apply	For groups with 51 or more total employees: Inpatient: 80% after Deductible has been met.	For groups with 51 or more total employees: Inpatient: 60% after Deductible has been met.		
	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.		
		Prior Authorization is required for certain services.		
Osteoporosis Treatment				
	80% after Deductible has been met.	60% after Deductible has been met.		
	Prior Authorization is required as described in your Schedule of Benefits.	Prior Authorization is required as described in your Schedule of Benefits.		

# STATE MANDATED BENEFITS

Types of Coverage	Network Benefits	Non-Network Benefits	
Substance Use Disorder Services			
For groups with 50 or less total employees: Benefits are limited as follows:	For groups with 50 or less total employees: Inpatient: 80% after Deductible has been met.	For groups with 50 or less total employees: Inpatient: 60% after Deductible has been met.	
30 days per year for Inpatient 44 visits per year for Outpatient These limits do not include Covered Health Services under the Autism Spectrum Disorder Benefit.	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.	
For groups with 51 or more total employees: Benefit limits do not apply	For groups with 51 or more total employees: Inpatient: 80% after Deductible has been met.	For groups with 51 or more total employees: Inpatient: 60% after Deductible has been met.	
	Outpatient: 80% after Deductible has been met.	Outpatient: 60% after Deductible has been met.	
		Prior Authorization is required for certain services.	

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It is recommended that you review your COC for an exact description of the services and supplies that are covered, those which are excluded or limited, and other terms and conditions of coverage.

#### **Alternative Treatments**

Acupressure; acupuncture; aromatherapy; hypnotism; massage therapy; rolfing; art therapy, music therapy, dance therapy, horseback therapy; and other forms of alternative treatment as defined by the National Center for Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health. This exclusion does not apply to Manipulative Treatment and non-manipulative osteopathic care for which Benefits are provided as described in Section 1 of the COC.

#### Dental

Dental care (which includes dental X-rays, supplies and appliances and all associated expenses, including hospitalizations and anesthesia). This exclusion does not apply to Benefits as described under Bones or Joints of the Jaw and Facial Region and Dental Services – Anesthesia and Hospitalization in Section 1 of the COC. This exclusion does not apply to accident-related dental services for which Benefits are provided as described under Dental Services – Accident Only in Section 1 of the COC. This exclusion does not apply to dental care (oral examination, X-rays, extractions and non-surgical elimination of oral infection) required for the direct treatment of a medical condition for which Benefits are available under the Policy, limited to: Transplant preparation; prior to initiation of immunosuppressive drugs; the direct treatment of acute traumatic Injury, cancer or cleft palate. Dental care that is required to treat the effects of a medical condition, but that is not necessary to directly treat the medical condition, is excluded. Examples include treatment of dental caries resulting from dry mouth after radiation treatment or as a result of medication. Endodontics, periodontal surgery and restorative treatment are excluded. Preventive care, diagnosis, treatment of or related to the teeth, jawbones or gums. Examples include: extraction, restoration and replacement of teeth; medical or surgical treatments of dental conditions; and services to improve dental clinical outcomes. This exclusion does not apply to dental services for which Benefits are provided as described under Bones or Joints of the Jaw and Facial Region and Cleft Lip/Cleft Palate in Section 1 of the COC. This exclusion does not apply to accidental-related dental services for which Benefits are provided as described under Dental Services – Accident Only in Section 1 of the COC. Dental implants, bone grafts and other implant-related procedures. This exclusion does not apply to accident-related dental services for which Benefits are provided as desc

#### **Devices, Appliances and Prosthetics**

Devices used specifically as safety items or to affect performance in sports-related activities. Orthotic appliances that straighten or re-shape a body part. Examples include foot orthotics and some types of braces, including over-the-counter orthotic braces. Cranial banding. The following items are excluded, even if prescribed by a Physician: blood pressure cuff/monitor; enuresis alarm; non-wearable external defibrillator; trusses and ultrasonic nebulizers. Devices and computers to assist in communication and speech except for speech aid devices and tracheo-esophogeal voice devices for which Benefits are provided as described under Durable Medical Equipment in Section 1 of the COC. Oral appliances for snoring. Repairs to prosthetic devices due to misuse, malicious damage or gross neglect. Replacement of prosthetic devices due to misuse, malicious damage or gross neglect or to replace lost or stolen items.

# Drugs

Prescription drug products for outpatient use that are filled by a prescription order or refill. Self-injectable medications. This exclusion does not apply to medications which, due to their characteristics (as determined by us), must typically be administered or directly supervised by a qualified provider or licensed/certified health professional in an outpatient setting. This exclusion does not apply to Benefits as described under Diabetes Services in Section 1 of the COC. Non-injectable medications given in a Physician's office. This exclusion does not apply to non-injectable medications that are required in an Emergency and consumed in the Physician's office. Over-the-counter drugs and treatments. Growth hormone therapy.

# Experimental, Investigational or Unproven Services

Experimental or Investigational and Unproven Services and all services related to Experimental or Investigational and Unproven Services are excluded. The fact that an Experimental or Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in Benefits if the procedure is considered to be Experimental or Investigational or Unproven in the treatment of that particular condition. This exclusion does not apply to medically appropriate medications prescribed for the treatment of cancer. The drug must be recognized for the treatment of that indication, and published within a standard reference compendium or recommended in medical literature. This exclusion does not apply to Covered Health Services provided during a clinical trial for which Benefits are provided as described under Clinical Trials in Section 1 of the COC.

# **Foot Care**

Routine foot care. Examples include the cutting or removal of corns and calluses. This exclusion does not apply to preventive foot care for Covered Persons with diabetes for which Benefits are provided as described under Diabetes Services in Section 1 of the COC. Nail trimming, cutting, or debriding. Hygienic and preventive maintenance foot care. Examples include: cleaning and soaking the feet; applying skin creams in order to maintain skin tone. This exclusion does not apply to preventive foot care for Covered Persons who are at risk of neurological or vascular disease arising from diseases such as diabetes. Treatment of flat feet. Treatment of subluxation of the foot. Shoes; shoe orthotics; shoe inserts and arch supports.

#### **Medical Supplies**

Prescribed or non-prescribed medical supplies and disposable supplies. Examples include: compression stockings, ace bandages, gauze and dressings, urinary catheters. This exclusion does not apply to:

- Disposable supplies necessary for the effective use of Durable Medical Equipment for which Benefits are provided as described under Durable Medical Equipment in Section 1 of the COC.
- Diabetic supplies for which Benefits are provided as described under Diabetes Services in Section 1 of COC.
- Ostomy supplies for which Benefits are provided as described under Ostomy Supplies in Section 1 of the COC.

Tubing and masks, except when used with Durable Medical Equipment as described under Durable Medical Equipment in Section 1 of the COC.

#### **Mental Health**

Services performed in connection with conditions not classified in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Mental Health Services as treatments for V-code conditions as listed within the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Mental Health Services as treatment for a primary diagnosis of insomnia and other sleep disorders, sexual dysfunction disorders, feeding disorders, neurological disorders and other disorders with a known physical basis. Treatments for the primary diagnoses of learning disabilities, conduct and impulse control disorders, personality disorders and paraphilias. Educational/behavioral services that are focused on primarily building skills and capabilities in communication, social interaction and learning. Tuition for or services that are school-based for children and adolescents under the Individuals with Disabilities Education Act. Learning, motor skills, and primary communication disorders as defined in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Mental retardation and autism spectrum disorder as a primary diagnosis defined in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Benefits for autism spectrum disorder as a primary diagnosis are described under Neurobiological Disorders - Autism Spectrum Disorder Services in Section 1 of the COC. Services or supplies for the diagnosis or treatment of Mental Illness, that, in the reasonable judgment of the Mental Health/Substance Use Disorder Designee, are any of the following:

- Not consistent with generally accepted standards of medical practice for the treatment of such conditions.
- Not consistent with services backed by credible research soundly demonstrating that the services or supplies will have a
  measurable and beneficial health outcome, and therefore considered experimental.
- Not consistent with the Mental Health/Substance Use Disorder Designee's level of care guidelines or best practices as modified from time to time.
- Not clinically appropriate for the patient's Mental Illness or condition based on generally accepted standards of medical practice and benchmarks.

# Neurobiological Disorders – Autism Spectrum Disorders

Services as treatments of sexual dysfunction and feeding disorders as listed in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Any treatments or other specialized services designed for Autism Spectrum Disorder that are not backed by credible research demonstrating that the services or supplies have a measurable and beneficial health outcome and therefore considered Experimental or Investigational or Unproven Services. Mental retardation as the primary diagnosis defined in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Tuition for or services that are school-based for children and adolescents under the Individuals with Disabilities Education Act. Learning, motor skills and primary communication disorders as defined in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association and which are not a part of Autism Spectrum Disorder. Treatments for the primary diagnoses of learning disabilities, conduct and impulse control disorders, personality disorders and paraphilias. Intensive behavioral therapies such as applied behavioral analysis for Autism Spectrum Disorder, except as described under Autism Spectrum Disorder in Section 1 of the COC. Services or supplies for the diagnosis or treatment of Mental Illness that, in the reasonable judgment of the Mental Health/Substance Use Disorder Designee, are any of the following:

- Not consistent with generally accepted standards of medical practice for the treatment of such conditions.
- Not consistent with services backed by credible research soundly demonstrating that the services or supplies will have a
  measurable and beneficial health outcome, and therefore considered experimental.
- Not consistent with the Mental Health/Substance Use Disorder Designee's level of care guidelines or best practices as modified from time to time.
- Not clinically appropriate for the patient's Mental Illness or condition based on generally accepted standards of medical practice and benchmarks.

#### Nutrition

Individual and group nutritional counseling. This exclusion does not apply to medical nutritional education services that are provided by appropriately licensed or registered health care professionals when both of the following are true:

- Nutritional education is required for a disease in which patient self-management is an important component of treatment.
- There exists a knowledge deficit regarding the disease which requires the intervention of a trained health professional.

Enteral feedings, even if the sole source of nutrition. This exclusion does not apply to Benefits described under Enteral Formulas in Section 1 of the COC. Infant formula and donor breast milk. Nutritional or cosmetic therapy using high dose or mega quantities of vitamins, minerals or elements and other nutrition-based therapy. Examples include supplements, electrolytes, and foods of any kind (including high protein foods and low carbohydrate foods).

#### Personal Care, Comfort or Convenience

Television; telephone; beauty/barber service; guest service. Supplies, equipment and similar incidental services and supplies for personal comfort. Examples include: air conditioners, air purifiers and filters, dehumidifiers; batteries and battery chargers; breast pumps (This exclusion does not apply to breast pumps for which Benefits are provided under the Health Resources and Services Administration (HRSA) requirement); car seats; chairs, bath chairs, feeding chairs, toddler chairs, chair lifts, recliners; exercise equipment; home modifications such as elevators, handrails and ramps; hot tubs; humidifiers; Jacuzzis; mattresses; medical alert systems; motorized beds; music devices; personal computers, pillows; power-operated vehicles; radios; saunas; stair lifts and stair glides; strollers; safety equipment; treadmills; vehicle modifications such as van lifts; video players, whirlpools.

#### **Physical Appearance**

Cosmetic Procedures. See the definition in Section 9 of the COC. Examples include: pharmacological regimens, nutritional procedures or treatments. Scar or tattoo removal or revision procedures (such as salabrasion, chemosurgery and other such skin abrasion procedures). Skin abrasion procedures performed as a treatment for acne. Liposuction or removal of fat deposits considered undesirable, including fat accumulation under the male breast and nipple. Treatment for skin wrinkles or any treatment to improve the appearance of the skin. Treatment for spider veins. Hair removal or replacement by any means. Replacement of an existing breast implant if the earlier breast implant was performed as a Cosmetic Procedure. Note: Replacement of an existing breast implant is considered reconstructive if the initial breast implant followed mastectomy. See Reconstructive Procedures in Section 1 of the COC. Treatment of benign gynecomastia (abnormal breast enlargement in males). Physical conditioning programs such as athletic training, body-building, exercise, fitness, flexibility, and diversion or general motivation. Weight loss programs whether or not they are under medical supervision. Weight loss programs for medical reasons are also excluded. Wigs regardless of the reason for the hair loss.

#### **Procedures and Treatments**

Excision or elimination of hanging skin on any part of the body. Examples include plastic surgery procedures called abdominoplasty or abdominal panniculectomy, and brachioplasty. Medical and surgical treatment of excessive sweating (hyperhidrosis). Medical and surgical treatment for snoring, except when provided as a part of treatment for documented obstructive sleep apnea. Rehabilitation services and Manipulative Treatment to improve general physical condition that are provided to reduce potential risk factors, where significant therapeutic improvement is not expected, including routine, long-term or maintenance/preventive treatment. Speech therapy except as required for treatment of a speech impediment or speech dysfunction that results from Injury, stroke, cancer, Congenital Anomaly or Autism Spectrum Disorders. Outpatient cognitive rehabilitation therapy except as Medically Necessary following a post-traumatic brain Injury or cerebral vascular accident. Psychosurgery. Sex transformation operations and related services. Physiological modalities and procedures that result in similar or redundant therapeutic effects when performed on the same body region during the same visit or office encounter. Biofeedback. Services for the evaluation and treatment of temporomandibular joint syndrome (TMJ), whether the services are considered to be medical or dental in nature. This exclusion does not apply to Benefits described under Bones or Joints of the Jaw or Facial Region in Section 1 of the COC. Upper and lower jawbone surgery, orthognathic surgery, and jaw alignment. This exclusion does not apply to reconstructive jaw surgery required for Covered Persons because of a Congenital Anomaly, acute traumatic Injury, dislocation, tumors, cancer or obstructive sleep apnea. This exclusion does not apply to Benefits as described under Bones or Joints of the Jaw and Facial Region and Dental Services -Anesthesia and Hospitalization in Section 1 of the COC. Surgical and non-surgical treatment of obesity. Stand-alone multi-disciplinary smoking cessation programs. These are programs that usually include health care providers specializing in smoking cessation and may include a psychologist, social worker or other licensed or certified professional. The programs usually include intensive psychological support, behavior modification techniques and medications to control cravings. Breast reduction surgery except as coverage is required by the Women's Health and Cancer Rights Act of 1998 for which Benefits are described under Reconstructive Procedures in Section 1 of the COC. In vitro fertilization regardless of the reason for treatment.

#### **Providers**

Services performed by a provider who is a family member by birth or marriage. Examples include a spouse, brother, sister, parent or child. This includes any service the provider may perform on himself or herself. Services performed by a provider with your same legal residence. Services provided at a free-standing or Hospital-based diagnostic facility without an order written by a Physician or other provider. Services which are self-directed to a free-standing or Hospital-based diagnostic facility. Services ordered by a Physician or other provider who is an employee or representative of a free-standing or Hospital-based diagnostic facility, when that Physician or other provider has not been actively involved in your medical care prior to ordering the service, or is not actively involved in your medical care after the service is received. This exclusion does not apply to mammography.

#### Reproduction

Health services and associated expenses for infertility treatments, including assisted reproductive technology, regardless of the reason for the treatment. This exclusion does not apply to services required to treat or correct underlying causes of infertility. Surrogate parenting, donor eggs, donor sperm and host uterus. Storage and retrieval of all reproductive materials. Examples include eggs, sperm, testicular tissue and ovarian tissue. The reversal of voluntary sterilization.

#### Services Provided under Another Plan

Health services for which other coverage is paid under arrangements required by federal, state or local law to be purchased or provided through other arrangements. This includes, but is not limited to, coverage paid by workers' compensation, no-fault auto insurance, or similar legislation. This exclusion does not apply to Enrolling Groups that are not required by law to purchase or provide, through other arrangements, workers' compensation insurance for employees, owners and/or partners. Health services for treatment of military service-related disabilities, when you are legally entitled to other coverage and facilities are reasonably available to you. Health services while on active military duty.

#### **Substance Use Disorders**

Services performed in connection with conditions not classified in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association. Methadone treatment as maintenance, L.A.A.M. (1-Alpha-Acetyl-Methadol), Cyclazocine, or their equivalents. Educational/behavioral services that are focused on primarily building skills and capabilities in communication, social interaction and learning. Services or supplies for the diagnosis or treatment of alcoholism or substance use disorders that, in the reasonable judgment of the Mental Health/Substance Use Disorder Designee, are any of the following:

- Not consistent with generally accepted standards of medical practice for the treatment of such conditions.
- Not consistent with services backed by credible research soundly demonstrating that the services or supplies will have a
  measurable and beneficial health outcome, and therefore considered experimental.
- Not consistent with the Mental Health/Substance Use Disorder Designee's level of care guidelines or best practices as modified from time to time.
- Not clinically appropriate for the patient's substance use disorder or condition based on generally accepted standards of medical practice and benchmarks.

#### **Transplants**

Health services for organ and tissue transplants, except those described under Transplantation Services in Section 1 of the COC. Health services connected with the removal of an organ or tissue from you for purposes of a transplant to another person. (Donor costs that are directly related to organ removal are payable for a transplant through the organ recipient's Benefits under the Policy.) Health services for transplants involving permanent mechanical or animal organs.

#### Travel

Health services provided in a foreign country, unless required as Emergency Health Services. Travel or transportation expenses, even though prescribed by a Physician. Some travel expenses related to Covered Health Services received from a Designated Facility or Designated Physician may be reimbursed at our discretion. This exclusion does not apply to ambulance transportation for which Benefits are provided as described under Ambulance Services in Section 1 of the COC.

# **Types of Care**

Multi-disciplinary pain management programs provided on an inpatient basis for acute pain or for exacerbation of chronic pain. Custodial care or maintenance care; domiciliary care. Private Duty Nursing. Respite care. This exclusion does not apply to respite care that is part of an integrated hospice care program of services provided to a terminally ill person by a licensed hospice care agency for which Benefits are provided as described under Hospice Care in Section 1 of the COC. Rest cures; services of personal care attendants. Work hardening (individualized treatment programs designed to return a person to work or to prepare a person for specific work).

# Vision and Hearing

Purchase cost and fitting charge for eye glasses and contact lenses. Implantable lenses used only to correct a refractive error (such as Intacs corneal implants). Eye exercise or vision therapy. Surgery that is intended to allow you to see better without glasses or other vision correction. Examples include radial keratotomy, laser, and other refractive eye surgery.

Bone anchored hearing aids except when either of the following applies: For Covered Persons with craniofacial anomalies whose abnormal or absent ear canals preclude the use of a wearable hearing aid. For Covered Persons with hearing loss of sufficient severity that it would not be adequately remedied by a wearable hearing aid. More then one bone anchored hearing aid per Covered Person who meets the above coverage criteria during the entire period of time the Covered Person is enrolled under the Policy. Repairs and/or replacement for a bone anchored hearing aid for Covered Persons who meet the above coverage criteria, other than for malfunctions.

#### All Other Exclusions

Health services and supplies that do not meet the definition of a Covered Health Service - see the definition in Section 9 of the COC. Covered Health Services are those health services, including services, supplies, or Pharmaceutical Products, which we determine to be all of the following: Medically Necessary; described as a Covered Health Service in Section 1 of the COC and Schedule of Benefits; and not otherwise excluded in Section 2 of the COC. Physical, psychiatric or psychological exams, testing, vaccinations, immunizations or treatments that are otherwise covered under the Policy when: required solely for purposes of school, sports or camp, travel, career or employment, insurance, marriage or adoption; related to judicial or administrative proceedings or orders; conducted for purposes of medical research (This exclusion does not apply to Covered Health Services provided during a clinical trial for which Benefits are provided as described under Clinical Trials in Section 1 of the COC); required to obtain or maintain a license of any type. Health services received as a result of war or any act of war, whether declared or undeclared or caused during service in the armed forces of any country. This exclusion does not apply to Covered Persons who are civilians Injured or otherwise affected by war, any act of war, or terrorism in non-war zones. Health services received after the date your coverage under the Policy ends. This applies to all health services, even if the health service is required to treat a medical condition that arose before the date your coverage under the Policy ended. This exclusion does not apply to health services covered under Extended Coverage for Pregnancy or Extended Coverage for Total Disability in Section 4 of the COC. Health services for which you have no legal responsibility to pay, or for which a charge would not ordinarily be made in the absence of coverage under the Policy. In the event a non-Network provider waives Copayments, Coinsurance and/or any deductible for a particular health service, no Benefits are provided for the health service for which the Copayments, Coinsurance and/or deductible are waived. Charges in excess of Eligible Expenses or in excess of any specified limitation. Long term (more than 30 days) storage. Examples include cryopreservation of tissue, blood and blood products. Autopsy. Foreign language and sign language sérvices. Health services related to a non-Covered Health Service: When a service is not a Covered Health Service, all services related to that non-Covered Health Service are also excluded. This exclusion does not apply to services we would otherwise determine to be Covered Health Services if they are to treat complications that arise from the non-Covered Health Service. For the purpose of this exclusion, a "complication" is an unexpected or unanticipated condition that is superimposed on an existing disease and that affects or modifies the prognosis of the original disease or condition. Examples of a "complication" are bleeding or infections, following a Cosmetic Procedure, that require hospitalization.

# Preexisting Conditions (Applies only to groups of 50 or less employees)

Benefits for the treatment of a Preexisting Condition are excluded until the earlier of the following: The date you have had Continuous Creditable Coverage for 12 months; or the date you have had Continuous Creditable Coverage for 18 months if you are a Late Enrollee. This exclusion does not apply to Covered Persons under age 19. This exclusion or limitation does not apply to routine follow-up care of breast cancer.

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