

RESOLUTION NO. 2026- 3538

A RESOLUTION OF THE TOWN COMMISSION OF THE TOWN OF SURFSIDE, FLORIDA, APPROVING THE EXPENDITURE TO LIFE EXTENSION CLINICS, INC. D/B/A LIFE SCAN WELLNESS CENTERS, WITH UPDATED PRICING FOR LIFE SCAN PHYSICALS FOR TOWN POLICE DEPARTMENT EMPLOYEES; PROVIDING FOR AUTHORIZATION, IMPLEMENTATION AND AN EFFECTIVE DATE.

WHEREAS, on February 10, 2026, the Town of Surfside ("Town") entered into a Professional Services Agreement (the "Agreement") with Life Extension Clinics, Inc, a Florida profit corporation, D/BA Life Scan Wellness Centers (the "Contractor"), for certain annual Life Scan Physicals provided to Town Employees ("Services"); and

WHEREAS, the Agreement has an initial term of two (2) years and remains in full force and effect; and

WHEREAS, Contractor has submitted to the Town an updated pricing schedule for 2027 for the Services provided under the Agreement, attached hereto as Exhibit "A" (the "Updated Pricing Schedule"), for a minimum of five days or 45 employees at a per patient cost of \$565; and

WHEREAS, the Town Commission desires to approve the expenditure to Contractor pursuant to the Updated Pricing Schedule and finds that the Services are in the best interests of the Town's employees.

NOW THEREFORE, BE IT RESOLVED BY THE TOWN COMMISSION OF THE TOWN OF SURFSIDE, FLORIDA AS FOLLOWS:

Section 1. Recitals. That the above and foregoing recitals are true and correct and are hereby incorporated by reference.

Section 2. Approving Expenditure; Authorization. The Town Commission hereby approves and authorizes the expenditure to Contractor for the Services, pursuant to the Updated Pricing Schedule attached hereto as Exhibit "A."

Section 3. Implementation. The Town Manager is authorized to take all action necessary to implement the purposes of this Resolution.

Section 4. Effective Date. This Resolution shall become effective immediately upon adoption.

PASSED AND ADOPTED this 16th day of July 2026.

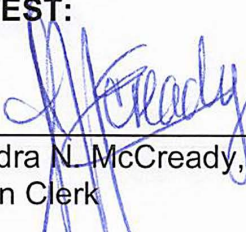
Motion By: Commissioner Vildostegui

Second By: Commissioner Weingot

FINAL VOTE ON ADOPTION:

Commissioner Andrea Travani	<u>Yes</u>
Commissioner Gerardo Vildostegui	<u>Yes</u>
Commissioner David Weingot	<u>Yes</u>
Vice Mayor Dayana Benmergui	<u>Yes</u>
Mayor Shlomo Danzinger	<u>Yes</u>

ATTEST:


Sandra N. McCready, MMC
Town Clerk


Shlomo Danzinger, Mayor

**APPROVED AS TO FORM AND LEGALITY FOR THE USE
AND BENEFIT OF THE TOWN OF SURFSIDE ONLY:**


Weiss Serota Helfman Cole & Bierman, P.L.,
Town Attorney



Quote

Date Sent: 2026-05-22
Exp. Date: 2027-12-31

Prepared for

Surfside PD
Surfside, FL
Member Exams: TBD
Kimberlee Blecha

NAME	PRICE	QTY	SUBTOTAL
Comprehensive Hands On Physical Includes Mandatory Administrative, EMR, and Data Fee with Behavioral Health Assessments	\$565.00	1	\$565.00
			\$565.00

Total Per Person \$565.00

This quotation is subject to the following terms and conditions:

1. While our pricing is listed on a per-patient basis for transparency, please note that departments will be billed **per day of service**. Each scheduled day includes **up to 9 patient slots**, and we staff and travel our clinical teams accordingly. This structure ensures operational efficiency and cost-effectiveness, especially when departments request extended service periods (e.g., 4 weeks or 20 days). If you do not meet the requirements to fill a day or week please discuss with scheduling
2. Minimum of 5 days or 45 appointments to come on site. Can combine multiple departments or use self pay spouses and retirees to get to this number.
3. Pricing subject to annual increase

Additional Info:

We have added partnered with a radiologists and cardiologists across the country to provide reads for all US images, pricing is listed in optional tests section of this quote.

Detailed scope of work can be found on page 2

Additional testing that can be added to the exam is listed on page 3 & 4



LIFE SCAN WELLNESS CENTERS

Saving the Lives of America's Heroes

Life Scan Wellness Centers
1011 N Macdill Ave Tampa, FL 33607
813-876-0625

Public Safety Physical Exam (NFPA 1582 Compliant)

Medical & Occupational/Environmental Questionnaire	Included
Comprehensive Hands-On Physical Exam	Included
Vital Signs: Height, Weight, Blood Pressure, Pulse	Included
Behavioral Health Eval - Epworth Sleep, PCL-5, PHQ-9	Included
Back Health Evaluation	Included
Urinalysis	Included
Audiogram	Included
Titmus Occupational Vision Exam	Included
Breast Exam with Self-Exam education	Included
Personal Consultation with review of testing results	Included

Laboratory Tests:

Comprehensive Metabolic Panel, Blood Chemistry	Included
Complete Blood Count, Hematology Panel	Included
Hemoccult Stool Test for Colon Cancer Screening	Included
Total Lipid Panel	Included
Thyroid Test TSH	Included
Glucose	Included
Hemoglobin A1C	Included
Men: PSA (Prostate cancer marker) and Testosterone	Included
Women: CA-125	Included

Ultrasound Screenings (Early Detection of Heart Disease and Cancer):

Echocardiogram (Heart Ultrasound)	Included
Carotid Arteries Ultrasound	Included
Aorta and Aortic Valve Ultrasounds	Included
Liver Ultrasound	Included
Gall Bladder Ultrasound	Included
Kidneys Ultrasound	Included
Spleen Ultrasound	Included
Bladder Ultrasound	Included
Thyroid Ultrasound	Included
Men: Prostate and Testicular Ultrasounds	Included
Women: Ovaries and Uterus Ultrasounds	Included

Cardiopulmonary Testing & Fitness Eval (NFPA 1583 & IAFF WFI)

Cardiac Stress Test (Treadmill with 12 lead, sub-maximal)	Included
EKG, 12 Lead	Included

Public Safety Physical Exam (NFPA 1582 Compliant)

Spirometry, PFT with OSHA Respirator Medical Clearance	Included
Fitness tests for muscular strength & endurance	Included
VO2 Max Calc for Aerobic Capacity	Included
Body Weight and Composition	Included
Personal Fitness Rx	Included

OPTIONAL TESTS AVAILABLE - COST IS PER PATIENT

2027

Radiology Overread of US Images	\$100.00
Phlebotomist (Blood Draw) Fee - Sending our Phlebotomist to the department to draw blood	\$38.00
Labs Drawn without a Life Scan Appointment attended	\$100.00
Form Fee - Add'l forms needing to be filled out by APRN (per form)	\$50.00
Secure and reliable Wifi if not provided by department (per week)	\$50.00
Guardian Fitness, Nutrition, & Mental Health App Subscription - Per Member for the entire year, please ask for more info regarding the app and its benefits	TBD
Chest X-Ray, 2 view with radiologist review	\$95.00
Lumbar X-Ray, 2 view with radiologist review	\$113.00
Hazmat Cholinesterase	\$113.00
Hazmat Heavy Metals	\$95.00
Lithium Ion Battery Exposure Panel - Lithium, Cobalt, & Manganese	\$141.00
iFit Stool test - Colon Cancer screening	\$62.00
Hepatitis A Screening Test	\$75.00
Hepatitis A Titer	\$54.00
Hepatitis B Screening Test	\$89.00
Hepatitis B Titer	\$49.00
Hepatitis C Screening Test	\$78.00
HIV Test, Gen 4	\$45.00
PPD TB Skin Test	\$43.00
QuantiFeron Gold TB Blood Test	\$120.00
Tdap (Tetanus, Diphtheria, Pertussis) Titer	\$45.00
Varicella Titer	\$82.00



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OPTIONAL TESTS AVAILABLE - COST IS PER PATIENT

2027

Nicotine	\$87.00
Cortisol	\$21.00
Vitamin D	\$28.00
Apolipoprotein B (inflammation test)	\$28.00
C-reactiveProtein	\$23.00
Homocysteine	\$23.00
Lp(a) Cardiac Inflammation Test	\$46.00
OSHA Respirator Mask Fit Testing (PortaCount) - Minimum 45 unless otherwise negotiated	\$71.00
Drug Screen, I CUP	\$71.00
Drug Rescreen with confirmation	\$82.00
Medical Review Officer (MRO) as indicated/secondary review	\$164.00

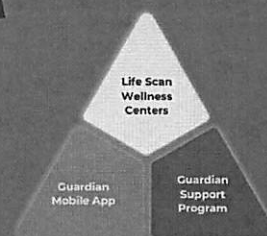


A BRIDGE FOR FIRST RESPONDERS
CONNECTING PEER AND PROFESSIONAL RESOURCES



GUARDIAN NETWORK

Connecting users to peer and professional partners across the nation, Guardian integrates each department's current resources through our mobile app and support program. This strategic approach enables us to reinvest in departments served by Life Scan.



First Responders that are overweight or obese*



Estimated percentage of Departments without a health/wellness program for their members



Cardiovascular disease is the leading cause of line-of-duty death among first responders



Annual Physical
 Complete your comprehensive enhanced early detection first responder physical with Life Scan

Onboard Guardian
 Guardian will provide everything you need to onboard. The process is simple.

Road Map

Use APP

Guardian Support
 Each department will create their own customized support program

365 Support
 Open communication with the Guardian Team to assist with any support you need throughout the year.

Users will be able to share content to other peers and utilize our in-app professional resources

EASY TO USE
 Our innovative app is easy to use. No special training required.



DEPARTMENT SUPPORT
 Customizable package that supports your department's needs.



ACCESSIBILITY
 The Guardian mobile app allows our resources to be accessed at the station, at home, or on vacation.

