



TOWN OF SURFSIDE PARKS & RECREATION DEPARTMENT ZOOM PROGRAMS WEEKLY SCHEDULE

IT STARTS IN
PARKS
HEALTH • COMMUNITY • ECONOMY • ENVIRONMENT

| Monday | | 05/04/20 | Tuesday | | 05/05/20 |
|---------------|---|--|--------------|--|--|
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION |
| 9:00 - 10:00 | Class: Circuit Training Instructor: Juan Age Group: Adults and Seniors Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 9:00 - 10:00 | Class: Morning Stretch Instructor: Denisse Age Group: Adults and Seniors Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 10:00 - 11:00 | Class: Toning with Weights Instructor: Marianella Age Group: Adults and Seniors Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 3:30 - 4:10 | Class: Creative Time Instructor: Jessica Age Group: 8 and under Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 3:00 - 4:00 | Class: Jazz Fusion Instructor: Charles Age Group: 7 - 12 years old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 4:00 - 5:00 | Class: PRE - Teen Scene Instructor: Carlos Age Group: 10 - 12 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 4:00 - 5:00 | Class: Youth Tennis Instructor: Richard Age Group: 4 - 15 years old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 5:00 - 6:00 | Class: Dry Land Swim Work Out Instructor: Denisse Age Group: 6 - 14 years old Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 5:00 - 6:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 - 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 5:00 - 6:00 | Class: Teen Scene Instructor: Carlos Age Group: 13 - 15 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 6:00 - 7:00 | Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 7:00 - 7:30 | Class: Just Be Mindfulness Instructor: Nicole Age Group: Parents Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |



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| Wednesday | | 05/06/20 | | Thursday | | 05/07/20 | |
|---------------------|---|--|---------------------|--|--|----------|--|
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | | |
| 9:00 - 10:00 | Class: Zumba Instructor: Ileana Age Group: Adults and Seniors Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 9:00 - 10:00 | Class: Morning Stretch Instructor: Denisse Age Group: Adults and Seniors Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |
| 10:00 - 11:00 | Class: Toning with Weights Instructor: Marianella Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 11:00 - 12:00 | Class: Trivia Games Instructor: Stanley Flaxx Age Group: Seniors Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |
| 4:00 - 5:00 | Class: Kids Cooking Class Instructor: Marianella Age Group: Kids Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 3:00 - 4:00 | Class: Hip Hop Instructor: Charles Age Group: 7 – 12 Years Old Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |
| 5:00 - 6:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 – 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 4:00 - 5:00 | Class: PRE – Teen Scene Instructor: Carlos Age Group: 10 – 12 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |
| 6:00 - 7:00 | Class: Aerobics/Body Sculpting Instructor: Claudia Age Group: Adults and Seniors Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 5:00 - 6:00 | Class: Dry Land Swim Work Out Instructor: Denisse Age Group: 6 – 14 years old Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |
| | | | 5:00 - 6:00 | Class: Teen Scene Instructor: Carlos Age Group: 13 – 15 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | |



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| Friday | | 05/08/20 | Saturday | | 05/09/20 |
|---------------|--|--|---------------|---|--|
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION |
| 2:00 - 3:00 | Class: COVID-19 Teen Support Group Instructor: Dr. Dawson Age Group: Teens Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 9:00 - 10:00 | Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 3:00 - 4:00 | Class: COVID-19 Adult Support Group Instructor: Dr. Dawson Age Group: Adults Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 10:00 - 11:00 | Class: Super Soccer Stars Instructor: Diego Age Group: 2.5 - 5 years old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 4:00 - 5:00 | Class: Warriors Basketball Instructor: Luis Age Group: 6 - 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 11:00 - 12:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 - 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 5:00 - 6:00 | Class: Youth Tennis Instructor: Richard Age Group: 4 - 15 years old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | | |
| 6:00 - 7:00 | Class: Pilates Instructor: Claudia Age Group: Adults and Seniors Host: Denisse Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | | |
| Sunday | | 05/10/20 | | | |
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | | | |
| 10:30 - 11:30 | Class: Kids Zumba Instructor: Jennifer Age Group: 6 - 12 years old Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | | |